The Pakistani work week runs from Saturday through Thursday. Most government offices open around 0800 and close around 1330 (earlier during Ramazan), Most shops open around 0930 and remain open until dark.

The main shopping areas of Peshawar are:

1. Saddar (or Cantonment) Area
2. The Old City (or "City")
3. University Town-on University Road (also called Jamrud Road)

SECTION 1

SHOPPING FOR DAILY NEEDS

This section is a guide for shopping for items that are needed for daily use and for setting up your home and office. Here are some ideas to get you started.

TRANSPORTATION

A car with and English-speaking driver can be arranged through the Pearl Continental Hotel for set rates, as well as at the PTDC (Pakistan Tourist Development Corporation) in Dean's Hotel. There are also cars for hire near the corner of Arbab and Faqir-i-Alam Road in Saddar. Also there are hire cars at the airport.

Other forms of transport are the 3-wheeled autorickshaws and horse drawn carriages called "tongas" which are inexpensive methods of getting around. You can hire a tonga on your own, or opt for the elegant one for hire at the Pearl Continental Hotel.

The "Flying Coach" intercity service has a stand near the Fort on Grand Trunk Road across from the big cinema. There is also a bus stand across from Dean's Hotel in Saddar.

FOOD

Fruit and Vegetables

Seasonal fresh fruits and vegetables are available in abundance in Saddar Market and in the Old City. It is good idea to stock-pile certain vegetables such as carrots, peas and green beans for freezing, so that they are available to you in the winter. Dried fruits and nuts are available year-round, but dried herbs and such as dill, oregano, basil are not, so you might want to grow your own.

Prime shopping spots are: The vegetable market near Clock Tower Street near Chowk Yadgar in the Old City; The shops in Tipu Sultan Road in Saddar; on Jamrud Road near the airstrip, and also near the University Town shops.

Meat and Fish

Beef, chicken (skinless frozen, fresh or live), mutton, goat are all available. There is a meat market called Nothia in Saddar near the Suneri Masjid where much fresh meat is sold daily except for the two meatless days per week, Tuesdays and Wednesdays. (This applies to fresh meat only, not to frozen supplies or chicken). You can buy frozen meat at **7-11 FROZEN FOODS, CAKE PALACE, AND UNITED BAKERY**, all located in University Town. Also frozen meats are available at Shalimar Bakery and Evernew Bakery in Saddar. For fresh frozen chickens from Hangu, call **IRC POULTRY PROJECT** at 41274 to place your order for these large tasty chickens.

Fresh local fish from nearby rivers is avail-

able in the Old City (on your left as you approach the Clock Tower on Clock Tower Street off Chowk Yadgar). Shop 7-11 FROZEN FOODS in University Town for frozen fish and shrimp and specialty sea-foods.

Baked Goods

Bread, regular white and wheat bread, flat bred called nan, cookies (bakery and packaged), breadsticks, cakes, etc, can be had at the numerous bakeries. Some are: JAN'S BAKERY and Evernew Bakery in Saddar Bazaar. CAKE PALACE, and UNITED BAKERY in University Town. Also in Saddar is CAFE de JAMIL for cookies and pastries. Nan is available at bakeries that only bake that in an oven called a "tandoor".

Dairy Products

Canned cheese, imported processed cheese are in the grocery or provision stores. There is a white local cheese called "paneer" sold in the streets. There is Prime yogurt in cartons, butter, milk in sterile long-life paks, canned evaporated and condensed milk. Ice cream is sold in boxes in many flavors; Yummy, Polka and Rocco are the best known brands. Find these things in many bakeries and general stores. In University Town, try HAROON GENERAL STORE, BILAL GENERAL STORE, CAKE PALACE, UNITED BAKERY, SABRANG GENERAL STORE, and MOONLIGHT GENERAL STORE, and of course, YUMMY'S ICE CREAM.

Provisions

In the "provision" stores in Saddar and University Town and as a sideline in some of the medical stores you will find canned goods, baking powder, spices, condiments, jam, cocoa, icing sugar, candy, synthetic vinegar, instant coffee (no ground coffee or coffee beans available in Peshawar), and

ENGLISH-URDU FOOD GLOSSARY

English	Urdu	English	Urdu
SPICES	MASALA	MEAT&FOWL	GOSHT&SHIKER
Aniseed	Saunf	Beef	Bara Ghosht
Black Pepper	Kali Mirch	Chicken	Murghi
Cardamom	Ilachi	Duck	Batakh
Cassia	Tezpatta	Kidney	Gurda
Chili (ground)	Lal Mirch	Liver	Kaleji
Cinnamon	Dalchini	Mutton	Chota Ghosht
Cloves	Laong	Partridge	Teetar
Coriander	Dhania	Quail	Bater
Cumin Seed	Zeera		
Dry Ginger	Soant	FRUIT	PHAL
Fenugreek	Methi		
Garlic	Lhasun	Apple	Seb
Ginger	Adrak	Blackberry	Jaman
Mustard	Rye	Banana	Kela
Poppy Seed	Khash-Khash	Coconut	Nariel
Sesame Seed	Til	Custard Apple	Sharita
Tamarind	Imli	Grapes	Avgoor
Turmeric	Haldi	Guava	Amrood
Saffron	Zaffran	Leechi	Leechi
		Lemon	Nimbu
HERBS	HARA MASALA	Loquat	Lokat
		Mango	Aam
Coriander	Dhanya	Melon	Kharbuza
Mint	Poodna	Orange	Narangi/Musumbi
Parsley	Ajwain	Papaya	Papeeta
		Peach	Aroo
VEGETABLES	SABZI	Pear	Nashpati
		Pineapple	Ananas
Beans	Sem-ki-phalli	Plum	Aloo Bokhara
Beet	Chukander	Pomegranate	Anar
Cabbage	Bund Gobi	Raspberry	Rasbharry
Capsicum	Bari Mirch	Tangerine	Kinu/Santara
Carrot	Gajar	Watermelon	Tarbuz
Corn	Bhutta		
Cucumber	Khira		
Eggplant	Bengan		
Lentils	Dal	DRY FRUIT/NUTS	SUKA MEWA
Lettuce	Salad		
Okra	Bindhi	Almond	Badam
Onion	Piaz	Cashew	Kaju
Pea	Mattar	Currant	Mewa
Potato	Aloo	Fig	Anjeer
Pumpkin	Kadoo	Peanut	Mungphalli
Radish	Moolee	Pistachio	Pista
Spinach	Palak	Raisin	Kishmish
Sweet Potato	Shakarkandi	Sultana	Munakka
Tomato	Timater	Walnut	Akhrote
Turnip	Shalgum		
Marrow	Loki		

many more items. These stores, sometimes called kiryana (meaning small variety) stores carry a multitude of eatables, and sometimes toiletries and cleaning supplies as well.

There is a cluster of these shops located at the corner of Tipu Sultan Rd. and Liaqat St. and on the corner of Arbab Road and Saddar Road in Saddar. **ABDULLA JAN'S STORE** on the corner of Arbab and Saddar has a large stock of imports.

In the University Stores there are many of these shops, such as **CHIEF STORE** and **7-11** in Fawad Plaza on Jamrud Road, as well as **SABRANG, MOONLIGHT, HAROON,** and **BILAL GENERAL STORES.** Check them out for their good selections and friendly service.

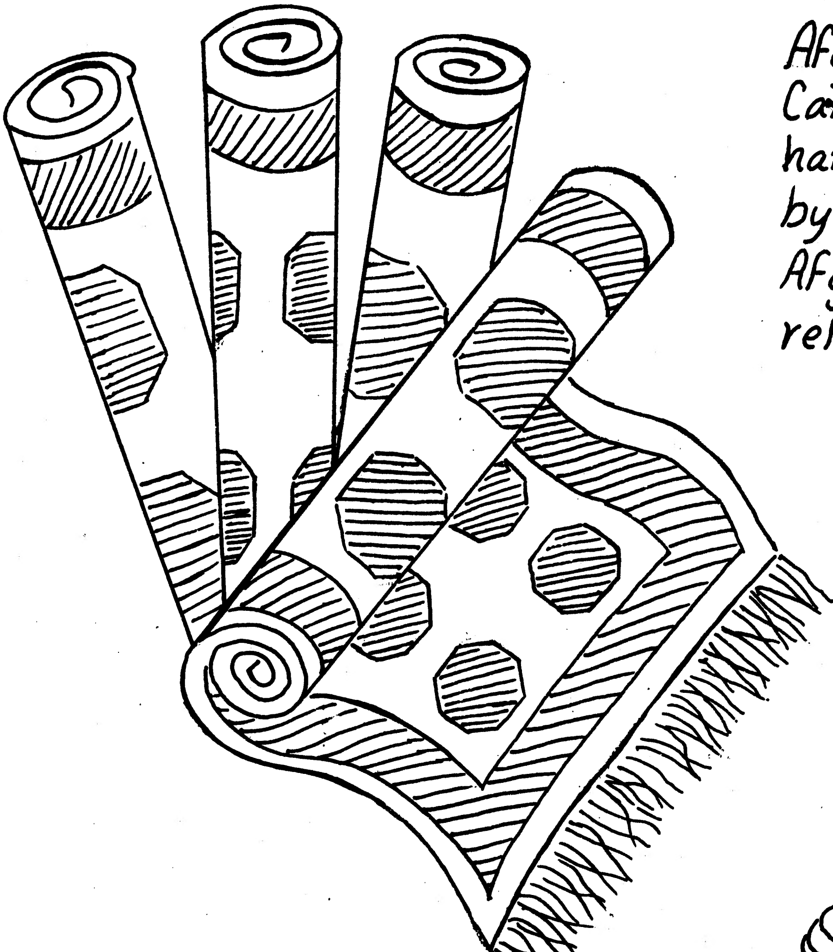
HOUSEHOLD ITEMS AND FURNISHINGS

On Saddar Road there are several shops selling brooms, mops, door mats, rope, brushes, etc. Also, at the entrance to Jinnah Street there are small shops selling plastic household items such as dustpans, dishpans, jugs, etc. **PESHAWAR HOUSE** on Saddar Road has a good variety of household items. In the "Bara Market" or "Kootchy Bazaar" you will find imported Japanese appliances, crockery, kitchen gadgets, fabric, cookware, etc. Go into the buildings housing the shops--there are many small shops within.

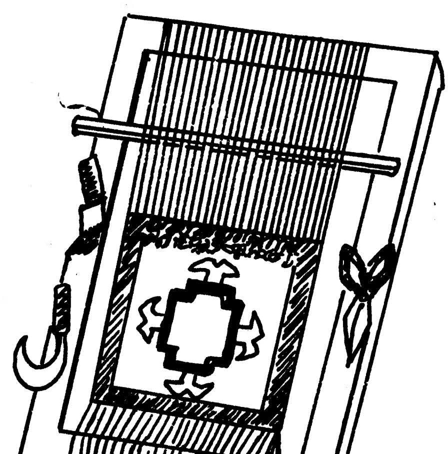
Sewing supplies (zips, thread, pins, embroidery and knitting supplies, scissors, handicraft books, laces, trims, buttons, hair clips, etc.)are in the little shops in "Gora Bazaar" (the intersection of Jinnah Street and the street before you reach Tipu Sultan Road coming from Saddar Road. Turn right or left at that intersection and you will find thread and button shops.

Towels, sheets, blankets, pillows, fabrics for upholstery and curtains, foam mat-

serve



Afghan Carpets hand-knotted by Afghan refugees





7 Mulberry Rood University Town Peshawar

WELCOME TO PESHAWAR

The International Rescue Committee (IRC) Printing Press welcomes you to Peshawar with this booklet of information about shopping here. We hope it will assist you to find your way around the city, to easily locate your needs from the markets, and to enjoy exploring the city of Peshawar.

The International Rescue Committee was founded in 1933 to provide relief and resettlement services to refugees. IRC is headquartered in New York with offices throughout the world. In Pakistan, the Printing Press, opened in 1985, is just one of the many projects operated by IRC to assist the refugees fleeing from Afghanistan. An independent Afghan-run operation since January, 1987, the Printing Press employs 29 people, both Afghan and Pakistani. We invite you to contact us for your printing needs, both commercial and personal.

IRC Printing Press would like to thank our advertisers, merchants and businesses of Peshawar, for their support and cooperation in helping to make this booklet possible.

We have provided street maps in this booklet, but would like to point out that the **Pakistan Tourist Development Corporation** (tel: 79781) located in Dean's Hotel provides maps and travel brochures and information.

We welcome you to Peshawar and hope that your shopping here is productive and entertaining. If you have any suggestions or corrections for inclusion in the next issue of this booklet, please submit them to us at the Printing Press (Tel: 42727).

tresses, etc. are available at the big fabric houses such as **WAHAB UD DIN, KARAM ELAHI, AND KEEN AND SONS**, all located in Saddar Bazaar. These stores also stock clothing fabric and can assist you in locating tailoring services. They also have drapery and carpeting materials and installation services. In University Town, try **WOOD HOUSE** for these materials as well as custom-made furniture, and **FANTASTIC FURNISHERS** on Jamrud Road.

Peshawar is a woodworking center, known for quality furniture. Try the well known **PESHAWAR ROYAL FURNITURE** with their showroom located on Jamrud Road, and the factory nearby. **HAYAT FURNITURE** opposite Jan's Hotel in the Cantonment, has been making furniture for many years, and is worth a visit. For contemporary furniture, consider Pak-Danish Furniture on Kohat Road, and **WOOD HOUSE** on Jamrud Road.

For office furniture, see the office furniture specialists, **NATIONAL FURNITURE** on Jamrud Road for your needs.

CLOTHING AND CLOTHING FABRICS

Ready-made shalwar-kameez for ladies and men are at the shops at the corner of Arbab and Saddar in the Cantonment. Some shops stocking these are Varieties, Novelty and the shops near them. Also there are some shops in Saddar Road including Threadlines Gallery and **OUTLET VENTURE** which has some western style clothing as well as local styles. Be sure to shop the **IRC HANDICRAFT PROJECT** on Sahibzada Abdul Qayum Road and **DACCAR** on Jamaludin Afghani Road in University Town for their embroidered

clothing and gift items as well as custom-made garments.

In University Town, see **SEASON'S GARMENTS** in Fawad Plaza for ready made clothes including jeans.

Fabrics are available at the stores listed in the previous section as well as in the shops in the Saddar "Bara Market" and in the Old City. **FAQIR TAILORS** near Grindlay's Bank are excellent tailors, catering to the military. Drop in their shop to discuss your next suit or jacket.

Shoes are available at the many Bata and Servis shoe stores, as well as many independent shops such as Murree Boot House, where you can have shoes custom made.

TOILETRIES, COSMETICS, BARBER AND BEAUTY SHOPS

Look at general merchandise stores and novelty places in Saddar. Also try **LADY CHARMING, CHIEF,** and **SEASON'S GARMENTS** in Fawad Plaza.

SCRUPLES BEAUTY PARLOR located in the Pearl Continental Hotel has complete beauty services available. They also have a small clothing boutique. Other beauty shops are CandUs in University Town, and Premier and Hong Kong near Grindlay's Bank. For barber services, Premier, OK Ladies and Gents and The Peshawar Club shops are all located on the Mall in Saddar.

MEDICAL SUPPLIES

You can get many medicines and supplies at the medical supply stores on Saddar Road, and near the hospitals. Some stores in Saddar are: Medicos Pharmacy, Sunshine Medical Store, Zaffar Medical Hall, and Hakim and Sons. There are also some of these stores on Jamrud Road.

VCR, ELECTRONIC AND ELECTRIC SUPPLIES

Tapes can be rented for 10 or 15 rupees per day. Try **CREATION, FAISAL'S OFF BEAT,** and **V-DEN** on Jamrud Road. Also there are several rental shops in Saddar.

For repair of your VCR, cameras, and electronic items, **VIDEOSONIC** is the place.

There are many electrical shops on Saddar Road such as Majestic, Jamil, and Karachi.

PHOTO SUPPLIES

Film for color prints is readily available (Kodak, Fuji and Agfa). Local developing services are quick and efficient. Slide film and black/white film is scarce. There are many excellent photo finishing stores, among them is **NATIONAL STUDIO** in the University Town Shops. Also there is Kodak near Grindlays, Fuji on Jamrud Road and Agfa on Saddar Road.

OFFICE EQUIPMENT AND SUPPLIES

ALLIED EQUIPMENT has computer supplies and copiers, and does typewriter repair, as does **PAKISTAN TYPEWRITER CO.** and **JAVED AND CO.**, all located in Saddar. **IRC PRINTING PRESS** can supply you with your business stationery needs including letterhead, business cards, and file folders. **NATIONAL FURNITURE** on Jamrud Road specializes in office furniture needs.

BOOKS AND STATIONERY

Hardback and paperback books as well as magazines, newspapers, stationery, pens, pencils, greeting cards, art supplies, children's gifts, etc. are all at **LONDON BOOK STORE** on Arbab Road. Another very good bookstore is Saeed Book Bank on the other side of the same street.

DRY CLEANERS

Some stores are: Pearl Continental Hotel (side entrance to your left as you face the hotel), Rapid (on the Mall, Cantonment), Bandbox (Arbab Road, Saddar).

POST OFFICE

The GPO main office is on Saddar Road across from the large rug shops. Open 0700 1400 and 1430 - 2000. Take letters inside to have them weighed, then purchase stamps at the window on the verandah. Forms are available here for mailing packages internationally.

TELEX, TELEGRAM, TELEPHONE

Pakistan Telephone and Telegraph (PTT) located on The Mall where it intersects with GT Road near Edwardes College. Telexes, telegrams and long distance calls can be placed from here. For numbers for dialing calls, see telephone number list at the front of this book.

TRAVEL AGENCIES AND AIRLINES

In Saddar **UNITED TRAVEL** and **GANDHARA TRAVEL**, both located on Saddar Road, are always ready to help you with your travel arrangements, local and international. At the Pearl Continental Hotel **AIR FRANCE** is at your service.

Pakistan International Airways (PIA) has its office at the corner of The Mall and Arbab Road. British Airways is in the Green's Hotel Building.

The **PAKISTAN TOURIST INFORMATION CENTER** located in Dean's Hotel (tel: 79781) can provide assistance in making your travel plans. They have maps, brochures, and can assist in making reservations for trips to the Northern Areas. They also can provide guides for tours of the city and local areas (give advance notice of at least one day), and they have cars and drivers (some English-speaking) for hire.

HOSPITALS

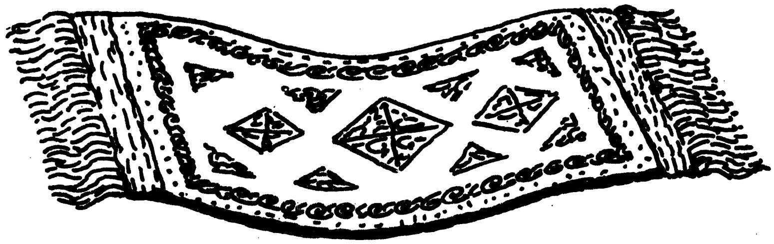
Khyber Teaching Hospital - 1000 bed general hospital with a large outpatient department. 24-hour emergency room
Dr. Shafiz Ahmad, Acting Administrator
Tel: 41181-8

Lady Reading Hospital - Large general hospital 24-hour emergency room, coronary care unit, CT scan and new surgical building under construction. Private rooms with air conditioning.
Dr. Jamil Ahmad, Administrator
Tel: 61230,60201-9

Mission Hospital - 140 bed hospital with emergency service located in Dabgari Gardens, Cantonment.
Dr. Anwar Ujagar, Superintendent
Tel: 72371

PARTY SUPPLIES

Invitation cards, giftwrap, greeting cards, bridge tallies etc. can be found at **LONDON BOOK STORE** and Saeed Book Bank. Helium filled balloons are available in Chowk Phowara in Saddar. Colored tissue paper and cellophane are available at stationery stores and some specialty shops in



the Old City. For your party decorations, colorful tents called shamianas and kanats (tent-type portable walls) can be rented for reasonable rates. **UNITED CROCKERY** and **YOUSAF BROTHERS** both located in University Town are two of the many establishments which can cater to your decorating needs, and offer delivery, set-up and pick-up service. They also provide crockery, cutlery, serving pieces extra chairs, whatever you need. Many restaurants in Peshawar offer catering of food for parties, and will contract the rental services for you. Colorful lights are also available to decorate for parties, and companies who provide these decoration services are many.

And for special party invitations, posters, etc., why not have them custom made at **IRC PRINTING PRESS**? Call us at 42727.

GARDENING SUPPLIES

Nurseries are located in Hyattabad, The Cantonment Board Nursery in Saddar, and near Pabbi in the GT Road, on your left as you drive toward Islamabad.

Flower pots are on Jamrud Road and in the Old City, and painted decorative pots can be bought on the GT Road to Islamabad. The Peshawar Pottery can make glazed pots to order and they have frogs and vases for flower arrangements. Seeds are in the Old City vegetable bazaar.

The Annual Chrysanthemum Show is held every autumn in the Khalid Bin Wali Bagh (Company Bagh) Park on the Mall. Call the Cantonment Board for dates.

SECTION 2

PESHAWAR TREASURES

This section is devoted to shopping for things of beauty that are treasured souvenirs from visits and time spent here. Peshawar has long been known for its fine handicrafts and beautiful decorative items. Here are some ideas on where to shop for these things.

CARPETS

Cantonment Area: There are many shops on Saddar Road that sell both Afghan and Pakistani Carpets, such as **CARPET PALACE,** and **KABUL HOUSE**. There are many shops that specialize in Afghan carpets, including **BALUCH CARPET HOUSE** which also has other handicrafts. Also on Saddar Road look at **OUTLET VENTURE** for carpets made by refugees. In the Dean's Hotel compound, shop **K.H.B. ANTIQUES** for carpets as well as other handicrafts, brass and copper.

University Town: **SERVE** has hand-knotted carpets woven by refugees at their facility on Mulberry Road.

Old City: Near the Jail Bridge you will find **AFGHAN HANDICRAFT HOUSE** and **AFGHAN CARPET STORE** among the many shops located on several floors in the Shan Hotel building. Also there are many small shops located throughout the Kissa Khawani area. Look up and where you see carpets hanging from the windows, there is a shop. There is a building of shops located behind the Firdous Cinema building off Grand Trunk Road (mostly Turkmen rugs), and there are shops, (one is Mohd. Kamil) at the top of the United Bank Ltd. Building at Chowk Yadgar.

If you are looking for (or like to look at) genuine antique carpets, go to the showroom of **SHAMS-UD-DIN** near the Clock Tower off Chowk Yadgar.

KABUL HOUSE

SADDAR ROAD
PESHAWAR CANTT

Established 1880

Tel : 75304

Dealers in :
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Carpets & Antiques

" over 100 years in the carpet business "

Branch :
Hotel Pearl Continental
Peshawar
Tel : 76363/597

Branch :
Hotel Holiday Inn
Islamabad
Tel : 26121 Ext. 636

Branch :
Abdullah Haroon Rd.
Opp. Metropole Hotel
Karachi
Tel : 515477

Warehouse

Islamabad

COPPER AND BRASS

The corner of Khyber Bazaar and Kissa Khawani Bazaar in the Old City is the hub of the souvenir copper and brass market. Here you will find shops with trays, pots, samovars, etc. Afghan Metal Works has an outlet here (look for the sign and go a short distance down an alley). Their factory is off Shami Road. Poor Honest Ali (look for his huge sign), who is a local celebrity, maintains a shop in this area.

EMBROIDERY AND HANDICRAFTS

IRC HANDICRAFTS PROJECT and **DACAAR** in University Town, both have many lovely items embroidered by Afghan refugees. Interaid, next to the American Center in University Town, also has many embroidered things. Threadlines, a Government-run store on Saddar Road has handicrafts from all over Pakistan. **OUTLET VENTURE** also on Saddar Road stocks many handicrafts created by Afghan refugees.

JEWELRY

The jewelry (saarafa) bazaar is found in the Old City between the Chowk Yadgar and Lady Reading Hospital. Gold and silver jewelry in local styles, wedding jewelry, old campaign medals from colonial days, Soviet belt buckles, coins and artifacts of all kinds can be found here. There are small alleys that veer off the main street here, where there are shops that specialize in Turkmen and tribal jewelry and handicrafts. There is also a marble-floored "plaza" with several stories over a courtyard near the mosque where there are many new shops stocked with tribal treasures including kilims and some Swat furniture.

There are shops on Saddar Road which also offer tribal jewelry including lapis and silver work, and there are modern jewelry stores also located in Saddar. **OUTLET VENTURE** also has some lapis and silver

SALATEEN ● ● SALATEEN ● ● SALATEEN ● ● SALATEEN ● ● SALATEEN ● ●

Hotel Salateen and Restaurant

HOUSE OF FINE PAKISTANI, AFGHANI AND CONTINENTAL FOODS

- ALL CHICKEN AND MUTTON SPECIALTIES
- BEST HOT FRESH NAN IN PAKISTAN
- TABLE RESERVATIONS FOR GROUPS AND PARTIES
- FULL SERVICE CATERING

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73770

CINEMA ROAD, PESHAWAR

"WE WELCOME YOU AND YOUR GUESTS."

SALATEEN ● ● SALATEEN ● ● SALATEEN ● ● SALATEEN ● ● SALATEEN ● ● SAL

earrings, bracelets and necklaces.

WOODWORK

PESHAWAR ROYAL FURNITURE and **HAYAT BROS. FURNITURE** both have many souvenir type items such as camel stools and chests, jewelry boxes, carved screens, collapsible furniture, etc. Many of these items are ready and can be taken with you without advance ordering.

ASSORTED SOUVENIRS

There are many small shops near Threadlines Gallery on (and just off) Saddar Road in the Cantonment. Investigate them all for handicraft treasures. Also, Pathan Handicrafts in the Old City (Kissa Khawani across from the copper and brass shops) has an assortment of things, plus it is a good vantage point for photos of the busy bazaar. He sometimes has Swat carved furniture.

Also, the Meena Bazaar (an alley to the right off Clock Tower Street near Shams-ud-Din Carpets) is a colorful bazaar specializing in items for ladies including burqas. Here you can see machine embroidery and beading being done.

SECTION 3

OTHER INFORMATION

Here is some information for your leisure activities including church service information.

CLUBS AND RECREATION

Abasin Arts Council
Behind Peshawar Museum, GT Road
(moving to new building soon)
Tel: 74431
Hours: 0900 - 1430. Closed Fridays
Art and music classes, literary functions, art

exhibits, poetry readings, etc. Call for program.

Alliance Francais (French Cultural Center)
3 Arbab Road
Cantonment
Tel: 74542
Hours: 0930 - 1230 and 1530 - 1830.
Closed Fridays.
Library, reading room, French language courses, cultural programs, weekly film shows, (French subtitled in English). Annual membership fee.

American Center
17-C Chinar Road
University Town
Tel: 41463,40963
Hours: 0800 - 1800. Closed Fridays.
Library, reading room, reference materials, news summary (Thurs. and Sun. at 1530), film shows.

British Council Library
35 The Mall
P.O. Box 49
Cantonment
Tel: 73206, 75056, 73278
Hours: 0930 - 1830. Closed Fridays.
Library and reading room. Books, periodicals, newspapers, videocassettes, audiocassettes, children's books, films, reference library and education enquiries. Annual membership subscription is Rs. 45.

Hospitality International
Social and educational group of expatriate women. Meets twice monthly Sept. - May. Annual dues.

International Women's Club
Social and welfare organization of Pakistani women who welcome expatriate women to join. Monthly meetings are held Sept. - May at the Pearl Continental, and several special programs are held throughout the year. Monthly newsletter. Annual dues.

Peshawar Club
40 The Mall
Cantonment
Tel: 73206
Swimming Pool, Library, Barber Shop, Billiard Room, Tambola (bingo), Movies, Card Room, Food Service, Tennis, Squash. Stop by for membership information.

Peshawar Golf Club
Shami Road, Cantonment
Tel:75805
18-hole course. Lessons available. Stop by for membership information.

Peshawar Museum
Grand Trunk Road near Jail Bridge
(across from Governor's House)
Tel: 72252
Hours: Summer 0800 - 1300 and 1500 - 1800
Winter 0900 - 1700


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THERE IS NO BETTER WAY TO
WRAP UP YOUR FEELINGS
Faisal's
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Beat
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Printing

Lending Library

H.E.R.C.

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Development & Reproduction

A. V. Materials

Artwork

Slides

Translation (Farsi & Pashtu)

Photo copying

Health Education Resource Center
Sahibzada Abdul Qayum Rd
39-C University Town
Tel: 43242

CONTENTS

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IDEAL FOR THE PEACE YOU
NEED ITS PEACE
IN THE PINE.

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DISCOUNT ON WEEKLY AND
MONTHLY BASIS.

OUR TARIFF

Rs. 600/-
FOR TWO PERSONS INCLUDING
BOARDING AND LODGING.
(CHILDREN UNDER FIVE ARE FREE)

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PESHAWAR.
Telephone . 76035 - 76036 - 76037

A SHORT DRIVE OF ONE HOUR
CAN BRING YOU TO
NATHIA GALI VIA MUREE
OR ABBOTTABAD.

WISH YOU A SAVE DRIVE.

GREEN'S HOTEL

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HAZARA.
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Single	Rs. 100.00	to	Rs. 200.00
Double	Rs. 150.00	to	Rs. 240 00
Suite	Rs. 300.00	to	Rs. 400.00
Extra Bed	Rs. 048.00 In every room		

RESTAURANT



RENDEZVOUS OF THE ELITE.
MARKED FOR ITS DELICIOUS
PESHAWAREE AND CONTI
NENTAL DISHES.

TOURIST ATTRACTION CAPSULE BEDS
IN AIR - CONDITIONED TOURIST HALL.

Greens Hotel

IF YOU ARE WATCHING YOUR POCKET BUT INSIST ON QUALITY WHEN LOOKING FOR ACCOMMODATION THEN GREEN'S IS JUST THE PLACE FOR YOU.

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PAKISTAN.

Multi Channel Music, Telephone. Mini Refrigerator in each room.

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Telex, Postal, Secretarial and Gift Wrapping Services are available.

Banquet and Conferences facilities in Shadi Ghar for Conventions, Official, Private Functions and marriage receptions.

Convention rooms for small meetings and Seminars.

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Centrally air-conditioned hotel located in the heart of Peshawar Ten minutes drive.

FROM AIRPORT

Elegantly furnished 100 rooms with choice of Suites. Doubles. Twins and Singles with private bahts.

Next Destination Reservation facilities, Tour Information, Rent-a-Car Service are available.

Swim Club
Pearl Continental Hotel Pool
Memberships and information available at the Hotel

RESTAURANTS

LALA'S GRILL in Green's Hotel on Saddar Road is a popular restaurant, conveniently located. Try their lunch buffet. Also be sure to enjoy the buffet at the **PEARL CONTINENTAL HOTEL,** which also has a 24-hour coffee shop in the lobby. **SALATEEN'S** on Cinema Road in the Old City has a well-deserved reputation for delicious traditional Frontier cuisine. The **USMANIA RESTAURANT** on Jamrud Road features steam-roasted meat and chicken.

If Chinese food is your favorite, don't miss the **HONG KONG RESTAURANT** on The Mall. And for a cozy atmosphere as well as delicious food, don't forget the **EMBERS SNACK BAR** in University Town. For dessert or a sweet snack, try **YUMMY'S** 36 flavors of ice cream at their store on Jamrud Road.

CHURCH SERVICES

Catholic
St. Michael's Catholic Church
36 The Mall
Tel: 75144
Cantonment (across from British Council)
Masses: Friday 1700 (Urdu)
Saturday 1700 (English)
Sunday 0900 (Urdu) Winter
1700 (Urdu) Summer
Confession Saturday before all Masses

Protestant
St. John's Church (Church of Pakistan

formerly Church of England)
1 Sir Syed Road (next to Peshawar Club)
Cantonment
Tel: 75144
Holy Communion: Sundays (except 3rd) at 0630 and on 2nd Sunday each month at Evensong.
Evensong: Sundays November till Easter at 1600. After Easter till end of October at 1700. Sometimes formal evensong gives way to informal "open service".

Edwardes College Chapel
The Principal's House
Tariq Road
Cantonment

Holy Communion 3rd Sunday each month at 0630.

The Guides Chapel
Punjab Regimental Centre
Mardan
Last Friday of each month at 1030. Service is followed by a fellowship lunch (everybody brings a contribution).

Mission Hospital Chapel
Mission Hospital Compound
Dabgari Gardens, Cantonment
English services held every Sunday at 1730. Daily services at 0630 in Urdu. There is a vantage point to see a good view of the city from the top of this building.

TELEPHONE NUMBER DIRECTORY

EMERGENCY NUMBERS

POLICE EMERGENCY................................ 62222 & 63333
POLICE (UNIVERSITY TOWN)................ 40808
POLICE (WEST CANTONMENT)............... 76215
POLICE BOMB DISPOSAL SQUAD........... 78092,76901

FIRE BRIGADE (UNIVERSITY TOWN)..... 64279,74512
FIRE BRIGADE (CANTONMENT)............... 79074

KHYBER HOSPITAL....................................... 41181-5
LADY READING HOSPITAL......................... 61230,60201-9
MISSION HOSPITAL....................................... 72371

UTILITIES

TELEPHONE
ENQUIRY.. 17
COMPLAINT... 18
ACCOUNTS OFFICE................................. 61214,60396
PUBLIC CALL OFFICE............................. 74390,74397,76841
PUBLIC TELEX OFFICE........................... 74402
LOCAL BOOKING...................................... 109
OVERSEAS BOOKING............................. 0102,102,79207

SUI GAS COMPLAINT................................. 42665
WAPDA COMPLAINT.................................. 41060,42203,76141

OTHER USEFUL NUMBERS

AFGHANAID UK.. 42030
AFGHAN EDUCATION COMMITTEE.... 41247
AIR FRANCE.. 73386
ALLIANCE FRANCAIS.............................. 74542
AMERICAN CENTER................................. 41463,40963
AMERICAN CONSULATE......................... 79801-3
AUSTRIAN RELIEF COMMITTEE.......... 42592
BELGIUM (SOS) COMMITTEE.............. 40839
BRITISH AIRWAYS.................................. 73252
BRITISH COUNCIL.................................. 75056
DACAAR.. 43245
DEAN'S HOTEL.. 79781
EDWARDES COLLEGE............................ 75154
FAO (FOOD & AGRICULTURE OR....... 41390
FREEDOM MEDICINE............................. 41143
FRENCH CULTURAL CENTER.............. 74542
FRENCH VOLAGS OFFICE..................... 42320



GERMAN AFGHANISTAN COMMITTEE.............. 74484
GERMAN BANK FOR DEV. & RECON.................... 75932
GREEN'S HOTEL.. 74304
GTZ.. 60638
HARZA.. 76228
HELP THE AFGHANS... 73854
ICRC (INTL. COMMITTEE RED CROSS)............... 41673,41371
IMC (INTERNATIONAL MEDICAL CORPS).......... 41156
INTERAID.. 41918
IRC (INTERNATIONAL RESCUE COMMITTEE).. 41274,41845
IRC DCAE (DEV. CENTER FOR AFGHAN EDUC.) 41654
IRC HANDICRAFT PROJECT..................................... 42342
IRC HEALTH EDUCATION RESOURCE CENTER...43212
IRC POULTRY PROJECT... 41274,41845
IRC PRINTING PRESS.. 42727
ITALIAN COOPERATION FOR DEVELOPMENT...... 41496
MEDICAL REFRESHER COURSES FOR AFGHANS..62477
MTA (MEDICAL TRAINING FOR AFGHANS)........... 41492
MERCY FUND... 41939
NORWEGIAN CHURCH AID/REFUGEE COUNCIL. 42304
NORWEGIAN COMMITTEE FOR AFGHANISTAN... 40877
OCKENDEN VENTURE.. 40410
PAKISTAN RED CRESCENT SOCIETY........................ 66036
PAK-GERMAN BASIC EDUC. PROJECT..................... 40989
PEARL CONTINENTAL HOTEL.................................... 76361-9
PIA
Enquiry (Airport)... 75471
Ticketing Office.. 79162-4
Cargo... 73081,72297
PTDC - Tourist Information Office.................................. 79781
(Pakistan Tourist Development Corp.)
SALVATION ARMY... 74545
SAUDI RED CRESCENT... 74264,75715
SAVE THE CHILDREN FUND... 42510,41918
SERVE... 41706
SHELTER NOW INTERNATIONAL............................. 41130,41762
SOS/PG.. 40839
SWEDISH COMMITTEE FOR AFGHANISTAN......... 42218,40415,43279
SWEDISH COMMITTEE AGRIC. SURVEY................ 40827
SWISS INFORMATION OFFICE.................................... 42147
UNHCR... 41036-9,41165,41866
UNICEF... 78524
UNION AID FOR AFGHAN REFUGEES....................... 41579
U.S. AID.. 43211-5
U.S. CONSULATE.. 79801-3
WFP (WORLD FOOD PROGRAM)................................. 41066,42515,40914


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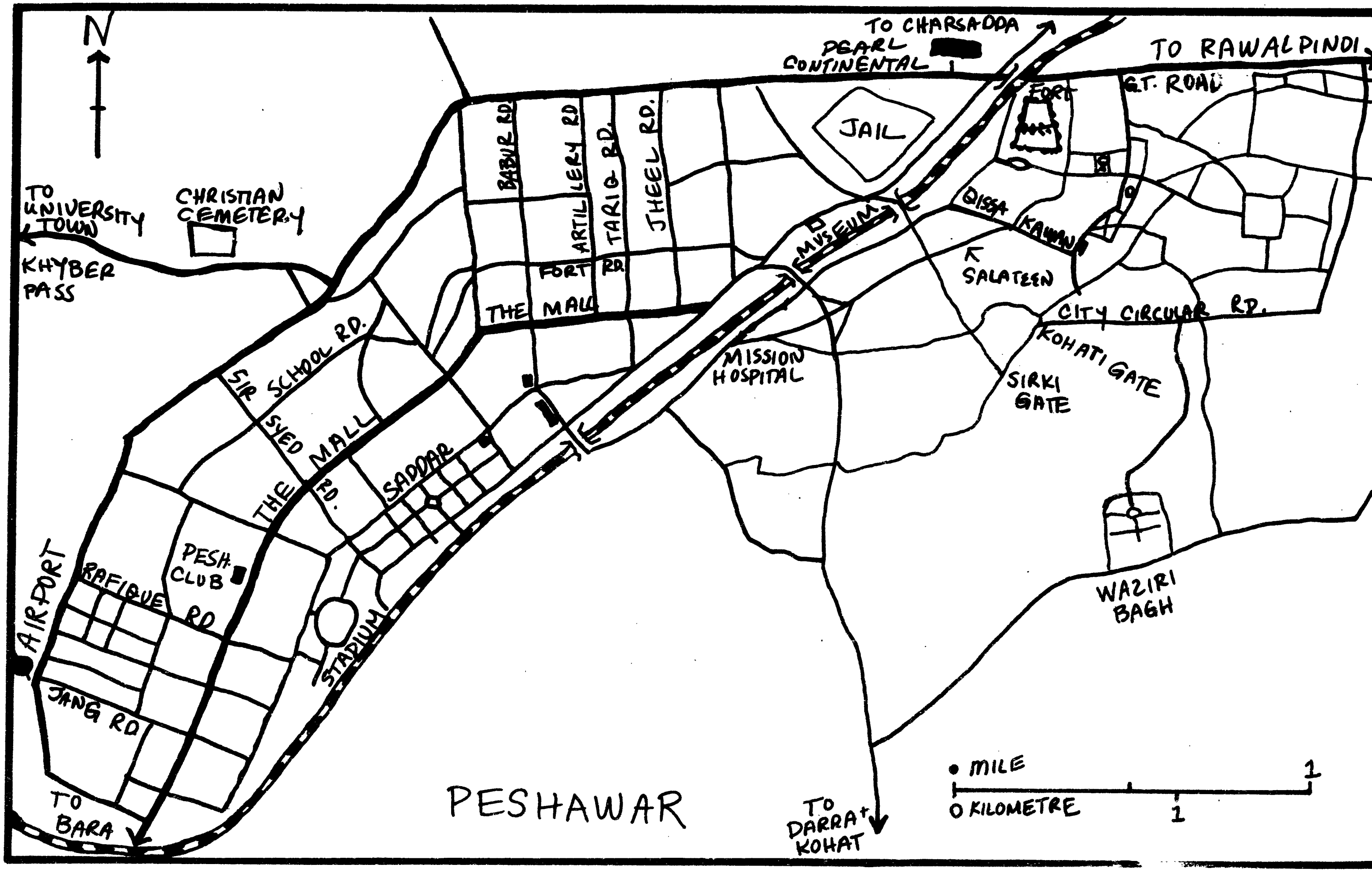
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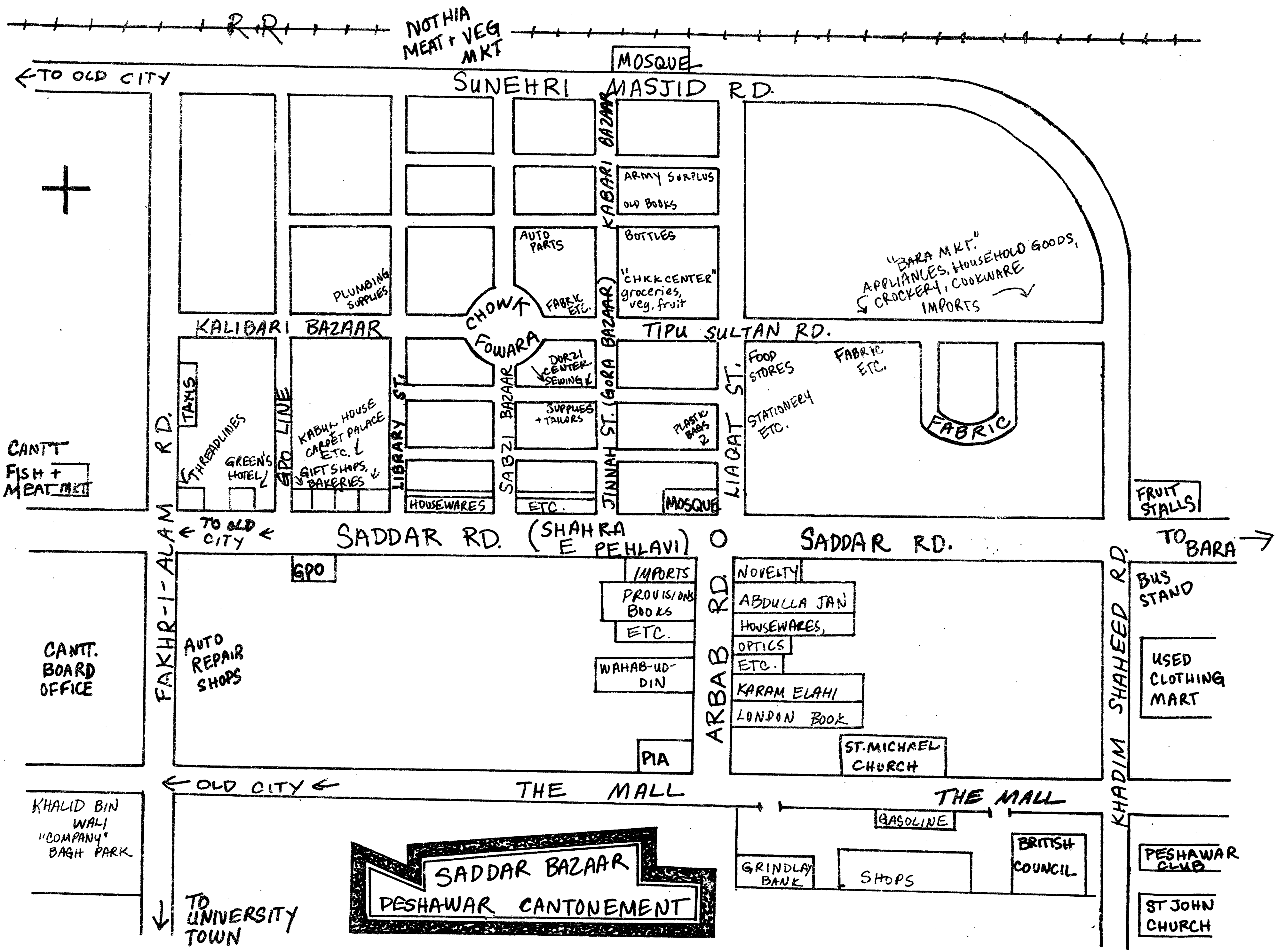
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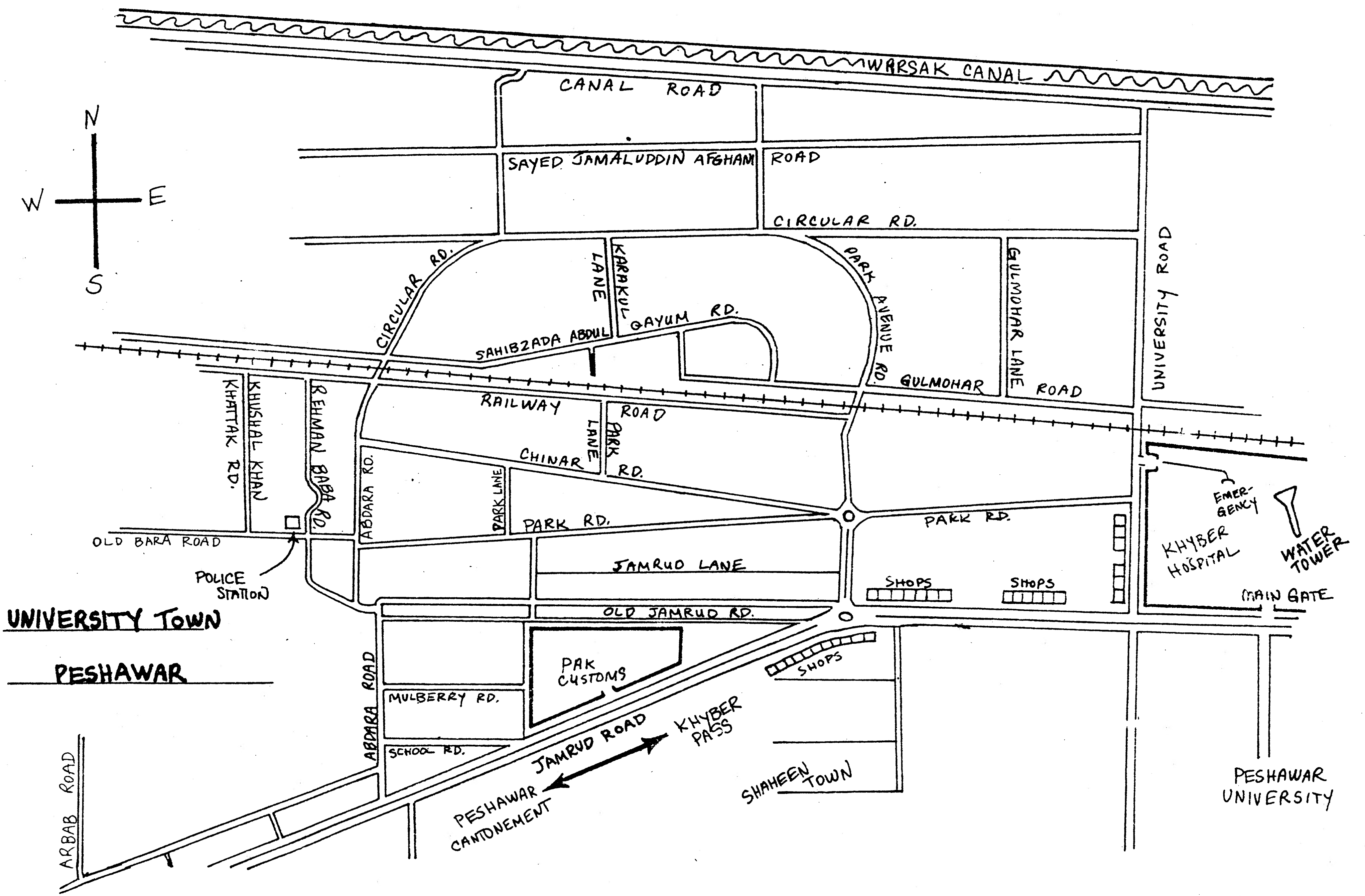
International Rescue Committee Printing Press




N
TO UNIVERSITY TOWN
KHYBER PASS
CHRISTIAN CEMETERY
TO CHARSADDA
PEARL CONTINENTAL
TO RAWALPINDI
G.T. ROAD
JAIL
FORT
BABUR RD.
ARTILLERY RD
TARIQ RD.
JHEEL RD.
FORT RD.
THE MALL
MUSEUM
QISSA KAWANI
SALATEEN
CITY CIRCULAR RD.
KOHATI GATE
SIRKI GATE
MISSION HOSPITAL
SIR SCHOOL RD.
SYED RD.
THE MALL
SADDAR
PESH. CLUB
AIRPORT
RAFIQUE RD
JANG RD
STADIUM
TO BARA
PESHAWAR
TO DARRA + KOHAT
WAZIRI BAGH
MILE
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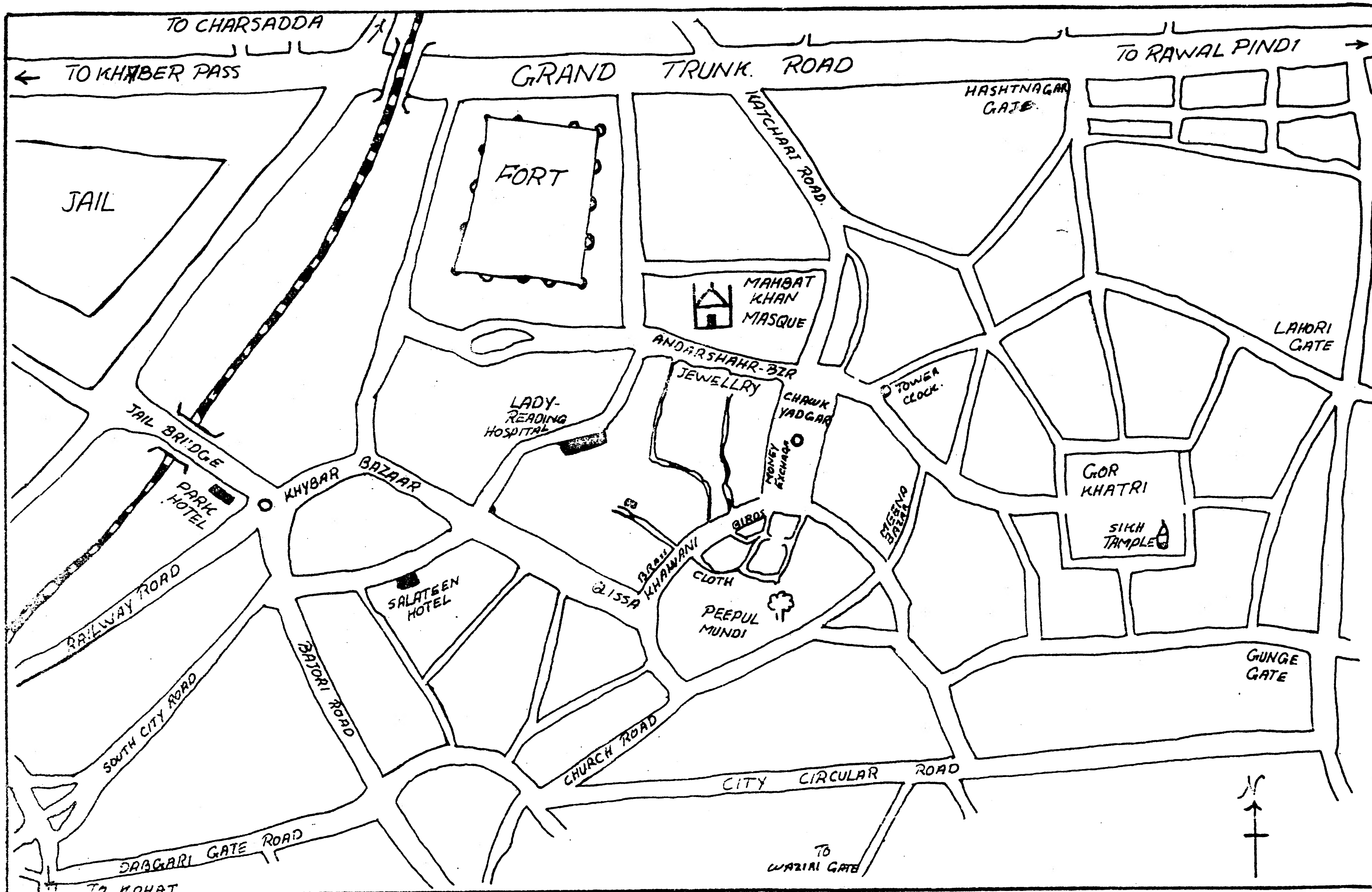


R.R.
NOTHIA MEAT + VEG MKT
MOSQUE
TO OLD CITY
SUNEHRI MASJID RD.
KABARI BAZAAR
ARMY SURPLUS
OLD BOOKS
BOTTLES
"CHKK CENTER" groceries, veg. fruit
AUTO PARTS
FABRIC ETC.
PLUMBING SUPPLIES
CHOWK FOWARA
"BARA MKT." APPLIANCES, HOUSEHOLD GOODS, CROCKERY, COOKWARE IMPORTS
KALIBARI BAZAAR
TIPU SULTAN RD.
DORZI CENTER SEWING
SUPPLIES + TAILORS
PLASTIC BAGS
FOOD STORES
FABRIC ETC.
STATIONERY ETC.
FABRIC
TAXIS
THREADLINES
GREEN'S HOTEL
KABUL HOUSE CARPET PALACE ETC.
GIFT SHOPS, BAKERIES
GPO LINE
LIBRARY ST.
SABZI BAZAAR
JINNAH ST. (GORA BAZAAR)
LIAQAT ST.
HOUSEWARES
ETC.
MOSQUE
CANTT FISH + MEAT MKT
FRUIT STALLS
TO OLD CITY
SADDAR RD. (SHAHRA E PEHLAVI)
SADDAR RD.
TO BARA
GPO
IMPORTS
PROVISIONS BOOKS
ETC.
WAHAB-UD-DIN
PIA
NOVELTY
ABDULLA JAN
HOUSEWARES,
OPTICS
ETC.
KARAM ELAHI
LONDON BOOK
ST. MICHAEL CHURCH
BUS STAND
USED CLOTHING MART
CANTT. BOARD OFFICE
FAKHR-I-ALAM RD.
AUTO REPAIR SHOPS
ARBAB RD.
KHADIM SHAHEED RD.
OLD CITY
THE MALL
THE MALL
GASOLINE
KHALID BIN WALI "COMPANY" BAGH PARK
TO UNIVERSITY TOWN
SADDAR BAZAAR
PESHAWAR CANTONEMENT
GRINDLAY BANK
SHOPS
BRITISH COUNCIL
PESHAWAR CLUB
ST JOHN CHURCH



UNIVERSITY TOWN

PESHAWAR



PESHAWAR OLD CITY

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